

## **Today**

(use with Chp.14, Excellence in Life Management)

**Today**, I will delete from my journal two days: yesterday and tomorrow.  
Yesterday was to learn from, and tomorrow...  
well that will be the consequence of what I can do today.

**Today**, I will face life with the sure knowledge that this day will never return.  
Today, is the last opportunity I have to live intensely,  
as no one can assure me that I will see tomorrow's sunrise.

**Today**, I will be brave enough not to let any opportunity pass me by;  
my only alternative is to succeed.

**Today**, I will invest my most valuable resource: my time, in the most  
transcendental work, my life...

**Today**, I will spend each minute passionately, to make today a different  
and unique day in my life.

**Today**, I will defy every obstacle that appears on my way,  
trusting I will succeed.

**Today**, I will resist pessimism, and will conquer the world with a smile and a  
positive attitude of always expecting the best.

**Today**, I will make of every ordinary task a sublime expression.

**Today**, I will have my feet on the ground, understanding reality and the stars'  
gaze, and thus will invent my future.

**Today**, I will take the time to be happy and will leave my footprints and my  
presence in the hearts of others, not just in the sands of time.

**Today**, I invite you to begin a new season where we can dream that everything  
we undertake is possible, and we fulfill that dream, with joy and dignity.

**Today**, why not perform a random act of kindness...? And, if there are those that  
you love, tell them, for you don't know when it might be your last opportunity.

Tell them, as I have just done...today.

Author Unknown